



Community Resource Guide

Sutter County v.0_2026

April Parker Foundation

 Headquarters: 245 E. 3rd Street, Long Beach, CA 90802

 Website: www.aprilparker.org

 Email: APHealth@aprilparker.org



Welcome

This Resource Guide is designed to help individuals, families, and community members access the support and services they need. Whether you are seeking assistance with housing, health care, education, employment, wellness, or basic needs, this guide brings trusted resources together in one place so you can navigate your next steps with confidence.

Across every program at the April Parker Foundation, our goal remains the same: **to strengthen communities by improving access to opportunities, reducing barriers, and supporting wellbeing.**

How to Use This Guide

Resources in this guide are organized by category and typically include:

- Organization or program name
- Description of services provided
- Contact information
- Eligibility notes, when available

You may use this guide independently or with the support of a **CARE Mentor, Case Manager, Navigator, or Program Staff**, who can assist you in connecting to the services that best meet your needs.

If You Need Immediate Help

If you are experiencing a crisis—emotional, medical, or safety-related—please contact the appropriate emergency support in your area, such as:

- Local Crisis Line or Access Line
- Domestic Violence Hotline
- Emergency Services (9-1-1)

These services can provide immediate assistance, safety planning, and connection to urgent resources.

Important Notes

- Information in this guide may change over time. Contact organizations directly for the most up-to-date details.
- Inclusion in this guide does not represent an endorsement; it is intended as a navigation tool for individuals seeking support.
- This guide may include services designed for specific populations (youth, adults, families, veterans, LGBTQIA2S+, individuals with disabilities, justice-involved individuals, etc.). Always ask about eligibility when reaching out.

About the April Parker Foundation

The April Parker Foundation is a community-based nonprofit organization committed to transforming communities by empowering sustainable futures. We work alongside individuals, families, and partners to expand access to resources, remove systemic barriers, and support long-term health, stability, and economic opportunity.

Through our programs and partnerships, APF provides navigation, case management, workforce development, housing support, youth development, and community-based services designed to meet people where they are and walk with them toward where they want to go.

Our work is grounded in equity, dignity, accountability, and compassion, and guided by the belief that everyone deserves access to the tools and support needed to thrive.

How We Can Support You

APF staff may be able to assist with:

- Resource navigation and referrals
- Care coordination and case management
- Program enrollment and eligibility guidance
- Follow-up support and service connections

If you are working with an APF CARE Mentor, Case Manager, or Program Staff, they can help you use this guide and connect to services.



Sutter— Adult Resources

Housing & Homeless Services

Organization	Services Provided	Phone	Website
Sutter County Housing and Homeless Services	Coordinated Entry, housing assessments, homelessness navigation	Access via 2-1-1	www.suttercounty.org
SparkPoint Yuba-Sutter	Housing stabilization, financial coaching, benefits assistance	(530) 749-4980	www.yubasutter.sparkpoint.org
Salvation Army Yuba-Sutter	Emergency assistance, shelter referrals, meals	(530) 743-3100	www.salvationarmyusa.org

Mental Health & Ongoing Behavioral Health Support (Non-emergency, ongoing care coordination)

Organization	Services Provided	Phone	Website
Sutter-Yuba Behavioral Health	Outpatient mental health services, care coordination	(530) 822-7200	www.suttercounty.org
Turning Point Community Programs	Mental health services and supportive housing	(916) 364-8395	www.tpcp.org
Ampla Health Behavioral Services	Counseling and outpatient behavioral health	(530) 749-3242	www.amplahealth.org

Substance Use Treatment

Organization	Services Provided	Phone	Website
Sutter-Yuba Substance Use Disorder Services	Outpatient and residential SUD treatment	(530) 822-7200	www.suttercounty.org
Ampla Health	Medication-assisted treatment and recovery support	(530) 749-3242	www.amplahealth.org
Granite Wellness Centers	Residential and outpatient recovery programs	(530) 273-9541	www.granitewellness.org

Medical & Primary Care

Organization	Services Provided	Phone	Website
Sutter County Public Health	Public clinics and preventive care	(530) 822-7215	www.suttercounty.org
Rideout Memorial Hospital	Hospital and specialty care	(530) 749-4300	www.rideout.org
Ampla Health	Primary care, dental, behavioral health	(530) 749-3242	www.amplahealth.org
Kaiser Permanente (Members Only)	Primary and specialty care for enrolled members	1-800-464-4000	www.kp.org

Food & Basic Needs

Organization	Services Provided	Phone	Website
Yuba-Sutter Food Bank	Food distribution and pantry referrals	(530) 673-3834	www.yuba-sutterfoodbank.org
Salvation Army Yuba-Sutter	Meals, emergency assistance	(530) 743-3100	www.salvationarmyusa.org
211 Yuba-Sutter	Food, utility, and basic needs referrals	2-1-1	www.211ys.org

Legal, Domestic Violence & Advocacy

Organization	Services Provided	Phone	Website
Legal Services of Northern California	Free civil legal assistance	(916) 551-2150	www.lsnrc.net
Peach Tree Domestic Violence Program	DV advocacy, counseling, shelter referrals	(530) 749-6601	www.peachtreeclinic.org
Sutter County Family Justice Center	DV legal advocacy and survivor support	(530) 822-7134	www.suttercounty.org

Employment & Workforce

Organization	Services Provided	Phone	Website
Sutter County Workforce Development Board	Job training and employment services	(530) 822-5120	www.suttercounty.org
America's Job Center of California – Yuba-Sutter	Career coaching and employment services	(530) 822-5120	www.caljobs.ca.gov

Veteran Services

Organization	Services Provided	Phone	Website
Sutter County Veterans Services Office	Benefits counseling and claims assistance	(530) 822-7111	www.suttercounty.org
VA Northern California Health Care System	Medical and mental health services	(916) 843-7000	www.va.gov
U.S. VETS	Veteran housing and supportive services	(209) 444-0995	www.usvets.org

Disability & Adult Protective Services

Organization	Services Provided	Phone	Website
Adult Protective Services Sutter County	Abuse, neglect, exploitation reporting	(530) 822-7227	www.suttercounty.org
Disability Rights California	Disability legal advocacy	(800) 776-5746	www.disabilityrightsca.org
IHSS Sutter County	In-home supportive services	(530) 822-7111	www.suttercounty.org

Transportation Assistance

Organization	Services Provided	Phone	Website
Yuba-Sutter Transit Authority	Bus transportation services	(530) 634-6880	www.yubasuttertransit.com
Medi-Cal Transportation	Non-emergency medical transportation	Contact health plan	www.dhcs.ca.gov
211 Yuba-Sutter	Transportation assistance referrals	2-1-1	www.211ys.org

You Are Not Alone

Accessing services can feel overwhelming, and it's okay to need support along the way. This Resource Guide is intended to help you take the next step at your own pace and connect with services that support your health, stability, and wellbeing.

If you encounter barriers, long waitlists, or are unsure where to start, help is available.

How We Can Help

We provide navigation, care coordination, and community-based support to help individuals and families move forward. Our CARE Mentors and Case Managers can assist with referrals, applications, follow-up, and problem-solving when systems feel difficult to navigate.