



Community Resource Guide

Sonoma County v.0_2026

April Parker Foundation

 Headquarters: 245 E. 3rd Street, Long Beach, CA 90802

 Website: www.aprilparker.org

 Email: APHealth@aprilparker.org



Welcome

This Resource Guide is designed to help individuals, families, and community members access the support and services they need. Whether you are seeking assistance with housing, health care, education, employment, wellness, or basic needs, this guide brings trusted resources together in one place so you can navigate your next steps with confidence.

Across every program at the April Parker Foundation, our goal remains the same: **to strengthen communities by improving access to opportunities, reducing barriers, and supporting wellbeing.**

How to Use This Guide

Resources in this guide are organized by category and typically include:

- Organization or program name
- Description of services provided
- Contact information
- Eligibility notes, when available

You may use this guide independently or with the support of a **CARE Mentor, Case Manager, Navigator, or Program Staff**, who can assist you in connecting to the services that best meet your needs.

If You Need Immediate Help

If you are experiencing a crisis—emotional, medical, or safety-related—please contact the appropriate emergency support in your area, such as:

- Local Crisis Line or Access Line
- Domestic Violence Hotline
- Emergency Services (9-1-1)

These services can provide immediate assistance, safety planning, and connection to urgent resources.



Important Notes

- Information in this guide may change over time. Contact organizations directly for the most up-to-date details.
- Inclusion in this guide does not represent an endorsement; it is intended as a navigation tool for individuals seeking support.
- This guide may include services designed for specific populations (youth, adults, families, veterans, LGBTQIA2S+, individuals with disabilities, justice-involved individuals, etc.). Always ask about eligibility when reaching out.

About the April Parker Foundation

The April Parker Foundation is a community-based nonprofit organization committed to transforming communities by empowering sustainable futures. We work alongside individuals, families, and partners to expand access to resources, remove systemic barriers, and support long-term health, stability, and economic opportunity.

Through our programs and partnerships, APF provides navigation, case management, workforce development, housing support, youth development, and community-based services designed to meet people where they are and walk with them toward where they want to go.

Our work is grounded in equity, dignity, accountability, and compassion, and guided by the belief that everyone deserves access to the tools and support needed to thrive.

How We Can Support You

APF staff may be able to assist with:

- Resource navigation and referrals
- Care coordination and case management
- Program enrollment and eligibility guidance
- Follow-up support and service connections

If you are working with an APF CARE Mentor, Case Manager, or Program Staff, they can help you use this guide and connect to services.



Sonoma County – Adult Resources

Housing & Homeless Services

| Organization | Services Provided | Phone | Website |
|--|---|------------------|--|
| Sonoma County Continuum of Care | Coordinated Entry, outreach, housing navigation | Access via 2-1-1 | www.sonomacounty.ca.gov |
| Catholic Charities of the Diocese of Santa Rosa | Coordinated Entry, outreach, housing navigation | (707) 528-8712 | www.srcharities.org |
| West County Community Services | Coordinated Entry, outreach, housing navigation | (707) 823-1640 | www.wccservices.org |
| Community Action Partnership of Sonoma County | Coordinated Entry, outreach, housing navigation | (707) 544-6911 | www.capsonoma.org |

Mental Health & Ongoing Behavioral Health Support (Non-emergency, ongoing care coordination)

| Organization | Services Provided | Phone | Website |
|---|---|----------------|--|
| Sonoma County Behavioral Health Division | Outpatient mental health services, care coordination | (707) 565-6900 | www.sonomacounty.ca.gov |
| Buckelew Programs | Counseling, crisis stabilization, outpatient services (707) 571-8775 | (707) 571-8775 | www.buckelew.org |
| Community Support Network | Mental health services and supportive housing | (707) 575-0680 | www.csnsomoma.org |

Substance Use Treatment

| Organization | Services Provided | Phone | Website |
|--|--|----------------|--|
| Sonoma County Substance Use Disorder Services | Outpatient and residential SUD treatment | (707) 565-6910 | www.sonomacounty.ca.gov |
| Drug Abuse Alternatives Center | Outpatient recovery programs | (707) 544-3295 | www.daac.org |
| Buckelew Programs | Residential and outpatient recovery services | (707) 571-8775 | www.buckelew.org |

Medical & Primary Care

| Organization | Services Provided | Phone | Website |
|--|---|----------------|--|
| Sonoma County Department of Health Services | Public clinics, preventive care | (707) 565-6900 | www.sonomacounty.ca.gov |
| Santa Rosa Memorial Hospital | Hospital and specialty care | (707) 546-2222 | www.stjosephhealth.org |
| Petaluma Health Center | Primary care, dental, behavioral health | (707) 559-7500 | www.phc.org |
| Kaiser Permanente (Members Only) | Primary and specialty care for enrolled members | 1-800-464-4000 | www.kp.org |

Food & Basic Needs

| Organization | Services Provided | Phone | Website |
|--|--|----------------|--|
| Redwood Empire Food Bank | Food distribution and pantry referrals | (707) 523-7900 | www.refb.org |
| Catholic Charities of the Diocese of Santa Rosa | Food, utility assistance, basic needs | (707) 528-8712 | www.srcharities.org |
| 211 Sonoma County | Food, utility, and basic needs referrals | 2-1-1 | www.211sonoma.org |

Legal, Domestic Violence & Advocacy

| Organization | Services Provided | Phone | Website |
|--|--|----------------|--|
| Legal Aid of Sonoma County | Free civil legal assistance | (707) 542-6668 | www.legalaidsc.org |
| YWCA Sonoma County | DV advocacy, shelter, counseling | (707) 546-9922 | www.ywca.org |
| Family Justice Center Sonoma County | DV legal advocacy and survivor support | (707) 565-8255 | www.sonomacounty.ca.gov |

Employment & Workforce

| Organization | Services Provided | Phone | Website |
|--|---|----------------|--|
| Sonoma County Workforce Investment Board | Job training and employment services | (707) 565-8500 | www.sonomawib.org |
| America's Job Center of California – Sonoma | Career coaching and employment services | (707) 565-8500 | www.caljobs.ca.gov |

Veteran Services

| Organization | Services Provided | Phone | Website |
|--|--|----------------|--|
| Sonoma County Veterans Services Office | Benefits counseling and claims assistance | (707) 565-9200 | www.sonomacounty.ca.gov |
| VA Northern California Health Care System | Medical and mental health services | (916) 843-7000 | www.va.gov |
| Swords to Plowshares | Veteran housing, legal, employment support | (415) 252-4788 | www.swords-to-plowshares.org |

Disability & Adult Protective Services

| Organization | Services Provided | Phone | Website |
|--|--|----------------|--|
| Adult Protective Services Sonoma County | Abuse, neglect, exploitation reporting | (707) 565-5940 | www.sonomacounty.ca.gov |
| Disability Rights California | Disability legal advocacy | (800) 776-5746 | www.disabilityrightsca.org |
| IHSS Sonoma County | In-home supportive services | (707) 565-5900 | www.sonomacounty.ca.gov |

Transportation Assistance

| Organization | Services Provided | Phone | Website |
|--------------------------------|--------------------------------------|---------------------|--|
| Sonoma County Transit | Bus transportation services | (707) 565-3333 | www.sctransit.com |
| Medi-Cal Transportation | Non-emergency medical transportation | Contact health plan | www.dhcs.ca.gov |
| 211 Sonoma County | Transportation assistance referrals | 2-1-1 | www.211sonoma.org |

You Are Not Alone

Accessing services can feel overwhelming, and it's okay to need support along the way. This Resource Guide is intended to help you take the next step at your own pace and connect with services that support your health, stability, and wellbeing.

If you encounter barriers, long waitlists, or are unsure where to start, help is available.

How We Can Help

We provide navigation, care coordination, and community-based support to help individuals and families move forward. Our CARE Mentors and Case Managers can assist with referrals, applications, follow-up, and problem-solving when systems feel difficult to navigate.