



Community Resource Guide

Kern County v.0_2026

April Parker Foundation

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Welcome

This Resource Guide is designed to help individuals, families, and community members access the support and services they need. Whether you are seeking assistance with housing, health care, education, employment, wellness, or basic needs, this guide brings trusted resources together in one place so you can navigate your next steps with confidence.

Across every program at the April Parker Foundation, our goal remains the same: **to strengthen communities by improving access to opportunities, reducing barriers, and supporting wellbeing.**

How to Use This Guide

Resources in this guide are organized by category and typically include:

- Organization or program name
- Description of services provided
- Contact information
- Eligibility notes, when available

You may use this guide independently or with the support of a **CARE Mentor, Case Manager, Navigator, or Program Staff**, who can assist you in connecting to the services that best meet your needs.

If You Need Immediate Help

If you are experiencing a crisis—emotional, medical, or safety-related—please contact the appropriate emergency support in your area, such as:

- Local Crisis Line or Access Line
- Domestic Violence Hotline
- Emergency Services (9-1-1)

These services can provide immediate assistance, safety planning, and connection to urgent resources.



Important Notes

- Information in this guide may change over time. Contact organizations directly for the most up-to-date details.
- Inclusion in this guide does not represent an endorsement; it is intended as a navigation tool for individuals seeking support.
- This guide may include services designed for specific populations (youth, adults, families, veterans, LGBTQIA2S+, individuals with disabilities, justice-involved individuals, etc.). Always ask about eligibility when reaching out.

About the April Parker Foundation

The April Parker Foundation is a community-based nonprofit organization committed to transforming communities by empowering sustainable futures. We work alongside individuals, families, and partners to expand access to resources, remove systemic barriers, and support long-term health, stability, and economic opportunity.

Through our programs and partnerships, APF provides navigation, case management, workforce development, housing support, youth development, and community-based services designed to meet people where they are and walk with them toward where they want to go.

Our work is grounded in equity, dignity, accountability, and compassion, and guided by the belief that everyone deserves access to the tools and support needed to thrive.

How We Can Support You

APF staff may be able to assist with:

- Resource navigation and referrals
- Care coordination and case management
- Program enrollment and eligibility guidance
- Follow-up support and service connections

If you are working with an APF CARE Mentor, Case Manager, or Program Staff, they can help you use this guide and connect to services.



Kern – Adult Resources

Housing & Homeless Services

Organization	Services Provided	Phone	Website
Kern County Homeless Collaborative	Coordinated Entry, shelter referrals, housing navigation	Access via 2-1-1	www.kernhomeless.org
Bakersfield Homeless Center	Emergency shelter, transitional housing, case management	(661) 327-6580	www.bakersfieldhomelesscenter.org
Flood Ministries	Emergency housing assistance and stabilization	(661) 326-5668	www.floodbako.org
Salvation Army – Bakersfield	Shelter, meals, transitional housing	(661) 325-4101	www.salvationarmy.org
CAPK Housing Programs	Housing stabilization and supportive services	(661) 336-5236	www.capk.org

Mental Health & Ongoing Behavioral Health Support (Non-emergency, ongoing care coordination)

Organization	Services Provided	Phone	Website
Kern County Behavioral Health & Recovery Services	Outpatient mental health care, care coordination	(661) 868-8550	www.kernbhhs.org
Clinica Sierra Vista – Behavioral Health	Counseling, psychiatry, integrated care	(661) 328-4283	www.csvhealth.org
Alliance Against Family Violence	Survivor support, advocacy, counseling	(661) 327-1091	www.aafvhope.org

Substance Use Treatment

Organization	Services Provided	Phone	Website
Kern County Substance Use Services	Outpatient and residential SUD treatment	(661) 868-8550	www.kernbhhs.org
Turning Point of Central California	Residential and outpatient recovery programs	(661) 873-5620	www.tpocc.org
Clinica Sierra Vista	Medication-assisted treatment and recovery support	(661) 328-4283	www.csvhealth.org

Medical & Primary Care

Organization	Services Provided	Phone	Website
Kern Medical	Public hospital, specialty care, emergency services	(661) 326-2000	www.kernmedical.com
Clinica Sierra Vista	Primary care, dental, behavioral health	(661) 328-4283	www.csvhealth.org
Omni Family Health	Primary care and preventive services	(661) 336-4698	www.omnihealthcare.org
Kaiser Permanente (Members Only)	Primary and specialty care for enrolled members	1-800-464-4000	www.kp.org

Food & Basic Needs

Organization	Services Provided	Phone	Website
Kern County Food Bank	Food pantries and nutrition assistance	(661) 834-4000	www.kerncountyfoodbank.org
CAPK Food Programs	Food distribution, CalFresh assistance	(661) 336-5236	www.capk.org
Salvation Army – Bakersfield	Meals, food assistance, basic needs	(661) 325-4101	www.salvationarmy.org
211 Kern County	Food, utility, and emergency assistance referrals	2-1-1	www.211kerncounty.org

Legal, Domestic Violence & Advocacy

Organization	Services Provided	Phone	Website
Greater Bakersfield Legal Assistance	Free civil legal assistance	(661) 325-5943	www.gbla.org
Alliance Against Family Violence	Domestic violence shelter and advocacy	(661) 327-1091	www.aafvhope.org
Kern County Family Justice Center	Legal advocacy and survivor support	(661) 868-5400	www.kerncounty.com

Employment & Workforce

Organization	Services Provided	Phone	Website
Kern County Workforce Development Board	Job training, employment placement	(661) 336-6900	www.kernworkforce.org
America's Job Center of California – Kern	Career coaching and employment services	(661) 336-6900	www.caljobs.ca.gov

Veteran Services

Organization	Services Provided	Phone	Website
Kern County Veterans Service Department	Benefits counseling and claims assistance	(661) 868-7000	www.kerncounty.com
Bakersfield VA Outpatient Clinic	Medical and mental health services	(661) 632-1800	www.va.gov
Volunteers of America Central Valley	Veteran housing and supportive services	(559) 268-0839	www.voa-cv.org

Disability & Adult Protective Services

Organization	Services Provided	Phone	Website
Adult Protective Services – Kern County	Abuse, neglect, exploitation reporting	1-800-277-7866	www.kerncounty.com
Kern Regional Center	Services for individuals with developmental disabilities	(661) 327-8531	www.kernrc.org
IHSS Kern County	In-home supportive services	(661) 868-1000	www.kerncounty.com

Transportation Assistance

Organization	Services Provided	Phone	Website
Golden Empire Transit (GET Bus)	Public bus transportation services	(661) 869-8600	www.getbus.org
Medi-Cal Transportation	Non-emergency medical transportation	Contact health plan	www.dhcs.ca.gov
211 El Dorado	Transportation assistance referrals	2-1-1	www.211kerncounty.org

You Are Not Alone

Accessing services can feel overwhelming, and it's okay to need support along the way. This Resource Guide is intended to help you take the next step at your own pace and connect with services that support your health, stability, and wellbeing.

If you encounter barriers, long waitlists, or are unsure where to start, help is available.

How We Can Help

We provide navigation, care coordination, and community-based support to help individuals and families move forward. Our CARE Mentors and Case Managers can assist with referrals, applications, follow-up, and problem-solving when systems feel difficult to navigate.