



Community Resource Guide

El Dorado County v.0_2026

April Parker Foundation

 Headquarters: 245 E. 3rd Street, Long Beach, CA 90802

 Website: www.aprilparker.org

 Email: APHealth@aprilparker.org



Welcome

This Resource Guide is designed to help individuals, families, and community members access the support and services they need. Whether you are seeking assistance with housing, health care, education, employment, wellness, or basic needs, this guide brings trusted resources together in one place so you can navigate your next steps with confidence.

Across every program at the April Parker Foundation, our goal remains the same: **to strengthen communities by improving access to opportunities, reducing barriers, and supporting wellbeing.**

How to Use This Guide

Resources in this guide are organized by category and typically include:

- Organization or program name
- Description of services provided
- Contact information
- Eligibility notes, when available

You may use this guide independently or with the support of a **CARE Mentor, Case Manager, Navigator, or Program Staff**, who can assist you in connecting to the services that best meet your needs.

If You Need Immediate Help

If you are experiencing a crisis—emotional, medical, or safety-related—please contact the appropriate emergency support in your area, such as:

- Local Crisis Line or Access Line
- Domestic Violence Hotline
- Emergency Services (9-1-1)

These services can provide immediate assistance, safety planning, and connection to urgent resources.

Important Notes

- Information in this guide may change over time. Contact organizations directly for the most up-to-date details.
- Inclusion in this guide does not represent an endorsement; it is intended as a navigation tool for individuals seeking support.
- This guide may include services designed for specific populations (youth, adults, families, veterans, LGBTQIA2S+, individuals with disabilities, justice-involved individuals, etc.). Always ask about eligibility when reaching out.

About the April Parker Foundation

The April Parker Foundation is a community-based nonprofit organization committed to transforming communities by empowering sustainable futures. We work alongside individuals, families, and partners to expand access to resources, remove systemic barriers, and support long-term health, stability, and economic opportunity.

Through our programs and partnerships, APF provides navigation, case management, workforce development, housing support, youth development, and community-based services designed to meet people where they are and walk with them toward where they want to go.

Our work is grounded in equity, dignity, accountability, and compassion, and guided by the belief that everyone deserves access to the tools and support needed to thrive.

How We Can Support You

APF staff may be able to assist with:

- Resource navigation and referrals
- Care coordination and case management
- Program enrollment and eligibility guidance
- Follow-up support and service connections

If you are working with an APF CARE Mentor, Case Manager, or Program Staff, they can help you use this guide and connect to services.



El Dorado – Adult Resources

Housing & Homeless Services

Organization	Services Provided	Phone	Website
El Dorado County Coordinated Entry System	Housing assessments, shelter referrals, housing navigation	Access via 2-1-1	www.edcgov.us
El Dorado County Health & Human Services Agency (HHS)	Homeless outreach, housing assistance, supportive services	(530) 621-6000	www.edcgov.us/hhsa
New Morning Youth & Family Services	Emergency shelter, transitional housing, family stabilization	(530) 626-4990	www.newmorningys.org
Upper Room Dining Hall	Meals, basic needs, housing navigation	(530) 622-9195	www.upperroomdininghall.org

Mental Health & Ongoing Behavioral Health Support (Non-emergency, ongoing care coordination)

Organization	Services Provided	Phone	Website
El Dorado County Mental Health Services	Outpatient mental health care, crisis response	1-800-929-1955	www.edcgov.us/mentalhealth
WellSpace Health	Counseling, psychiatry, integrated behavioral health	(916) 737-5555	www.wellspacehealth.org
New Morning Counseling Services	Individual and family counseling	(530) 626-4990	www.newmorningys.org

Substance Use Treatment

Organization	Services Provided	Phone	Website
El Dorado County Alcohol & Drug Services	Detox, outpatient and residential SUD treatment	Access via Mental Health Line	www.edcgov.us/aod
Progress House	Residential substance use treatment and recovery programs	(530) 642-1715	www.progresshouseinc.org
Recovery In Action	Outpatient recovery support and peer services	(530) 295-8730	www.recoveryinaction.org

Medical & Primary Care

Organization	Services Provided	Phone	Website
Marshall Medical Center	Hospital, emergency services, specialty care	(530) 622-1441	www.marshallmedical.org
El Dorado Community Health Centers	Primary care, dental, behavioral health	(530) 621-7700	www.edchc.org
WellSpace Health	Primary care and behavioral health services	(916) 737-5555	www.wellspacehealth.org

Food & Basic Needs

Organization	Services Provided	Phone	Website
El Dorado County Food Bank	Food pantries and nutrition assistance	(530) 621-9950	www.edcfoodbank.org
Upper Room Dining Hall	Free meals and hygiene services	(530) 622-9195	www.upperroomdininghall.org
211 El Dorado	Food, utility, and emergency assistance referrals	2-1-1	www.211eldorado.org

Legal, Domestic Violence & Advocacy

Organization	Services Provided	Phone	Website
Legal Services of Northern California	Free civil legal assistance	(916) 551-2150	www.lsn.net
The Center for Violence-Free Relationships	Domestic violence shelter and advocacy	(530) 626-1450	www.thecenternow.org
El Dorado County Family Justice Center	DV legal advocacy and survivor support	(530) 621-6334	www.edcgov.us

Employment & Workforce

Organization	Services Provided	Phone	Website
El Dorado County Workforce Development	Job training, employment placement	(530) 621-5850	www.edcgov.us/workforce
America's Job Center of California – El Dorado	Career coaching and employment services	(530) 621-5850	www.caljobs.ca.gov

Veteran Services

Organization	Services Provided	Phone	Website
El Dorado County Veterans Services Office	Benefits counseling and claims assistance	(530) 621-5670	www.edcgov.us/veterans
VA Northern California Health Care System	Medical and mental health services	(916) 843-7000	www.va.gov/northern-california
Volunteers of America (NorCal)	Veteran housing and supportive services	(916) 265-3400	www.voa-ncnn.org

Disability & Adult Protective Services

Organization	Services Provided	Phone	Website
Adult Protective Services – El Dorado County	Abuse, neglect, exploitation reporting	1-800-306-6050	www.edcgov.us/aps
Disability Rights California	Disability legal advocacy	(800) 776-5746	www.disabilityrightsca.org
IHSS El Dorado County	In-home supportive services	(530) 621-5269	www.edcgov.us/ihss

Transportation Assistance

Organization	Services Provided	Phone	Website
El Dorado Transit Authority	Public bus transportation services	(530) 642-5384	www.eldoradotransit.com
Medi-Cal Transportation	Non-emergency medical transportation	Contact health plan	www.dhcs.ca.gov
211 El Dorado	Transportation assistance referrals	2-1-1	www.211eldorado.org

You Are Not Alone

Accessing services can feel overwhelming, and it's okay to need support along the way. This Resource Guide is intended to help you take the next step at your own pace and connect with services that support your health, stability, and wellbeing.

If you encounter barriers, long waitlists, or are unsure where to start, help is available.

How We Can Help

We provide navigation, care coordination, and community-based support to help individuals and families move forward. Our CARE Mentors and Case Managers can assist with referrals, applications, follow-up, and problem-solving when systems feel difficult to navigate.